

Treating Infection Nutritionally

"Let food be thy medicine and medicine be thy food" - Hippocrates (the supposed father of modern medicine)

"Although many patients are convinced of the importance of food in both causing and relieving their problems, **many doctors' knowledge of nutrition is rudimentary.** Most feel much more comfortable with drugs than foods, and the "food as medicine" philosophy of Hippocrates has been *largely neglected. That may be about to change.*" - [Let food be thy medicine](#) article from the [US National Library of Medicine NIH \(National Institutes of Health\)](#)

"Some physicians would stand by and see their patients die rather than use ascorbic acid. Vitamin C should be given to the patient while the doctors ponder the diagnosis." Frederick R. Klenner, MD, chest specialist (taken from [Nutritional Treatment of Coronavirus](#) listed in our [Online Research Library](#))

The following list is *generally* how we treat ourselves and our health network members for [common household Viral and Bacterial infections](#), especially colds and flus. If you think you have the Coronavirus (Covid19 and variants), we recommend that you follow the [Nutritional Treatment of Coronavirus](#) guidelines plus Aloe Juice and Propolis Tablets/Capsule doses listed below (we often double to tripling the standard dose if symptoms are severe or persist for more than a week). For further information, including treatment recommendations and commentary from medical experts around the world, see our [Research Library](#) linked above.

If you try these nutritional support options and symptoms don't decrease over the next few days, or worsen: feel free to contact us for further support.

Basic Common Nutritional Treatment/Immune Support:

- ◆ Certified STABILIZED Aloe Juice
 - Currently we use, recommend and offer ONLY *Stabilized Aloe Juice Certified by The International Aloe Science Council* from sources NOT sold in stores.
 - The aloe juice you see on store shelves are a MUCH lower grade and of questionable quality, **including not being subject to "Truth In Labeling" Laws!** This means that they can sell you a cup of Aloe juice in a gallon of de-ionized water and call it "pure Aloe juice"!
 - When you pick a leaf off the plant, it starts to die and feed on itself. Within hours, there is little or nothing left but a *violent horse laxative!* Stabilized Aloe has been put through a patented process to *keep the plant material alive and healthy*, and therefore *retaining all of it's immune boosting and other health-supporting properties.*
 - If you don't have a source for *Stabilized Aloe Juice*, we offer these products to **our health network members** (only \$35 for the first YEAR, including your spouse and any unmarried children under age 21 living at home, and \$5 per visit after that first year!)
 - *As a non-profit private international health network, your fees are typically a tax write-off! (seek legal council for the specifics for your state/territory)*
 - Dosage: 1oz of Aloe Juice once or twice a day
 - No harmful side effects but may loosen stools if taken in large doses, especially if taken on an empty stomach, which has a mild detoxing effect.
 - Do **NOT** leave Aloe Juice sitting in plastic cups, as it will pull toxic chemicals out of the plastics! Either use cups made of other material (such as glass or ceramic), or drink it all immediately and rinse the cup clean.
- ◆ Propolis (a bee product like, and often containing, Royal Jelly)
 - We offer two grades of Propolis capsules/tablets, one for general usage and one for more severe conditions. If you would like to purchase it locally, it is often sold by

local independent (non-corporate) sellers of honey products, including local bee keepers, and is quite powerful.

- Dosage: 3-6 Tablets/Capsules swallowed 2-3 times daily
 - for typical ailments, we take 3-4 twice a day, increasing to 3 times a day if symptoms don't improve within 3 days
 - We have increased that up to 9 taken 4 times per day is the most we've taken when fighting extreme illness such as severe COVID cases, if symptoms persist for more than a week or worsen rather than improve
- For common food poisoning, (often confused with flu), 3-4 Propolis taken along with a mouth-full of Aloe Juice as soon as the symptoms are identified can kill the infection *if caught immedietly*, standard dosage listed above afterward if not caught in time.
- ◆ **There are 3 grades of classification for substances which fight off viral, fungal and bacterial infections.** Aloe Vera and Propolis are both classified at the highest level, according to the scientist who went through 20+ years of FDA testing to prove the health properties of both substances. For more information, we recommend you go to the source via "The Silent Healer: A Modern Study of Aloe Vera" by Bill Coats & Robert Joseph Ahola
- ◆ Read Nutritional Treatment of Coronavirus for specific types/forms of supplements to take, as some are dangerous acids or can otherwise cause harm especially if overdosed, even erode the teeth!
- ◆ Vitamin C
 - 500mg/day is standard for most doctors and nurses we have talked with on the subject
 - 1,000-1,500mg once or twice per day for mild illness (people are often defficient)
 - 10,000mg per day is recommended by some doctors for severe deficiency or illness, or those immuno-compromised
- ◆ see Nutritional Treatment of Coronavirus for dosage information for the following other nutrients
 - Vitamin D3
 - Zinc
 - B-Complex

For further information or to talk with a health practitioner about Health Network Membership, health support services or products, see contact details below.

We wish you peace, good health, happiness and fulfillment,
Dr. Christopher Moeller CE, C.RMT, C.HNT, C.HI.C

- ◆ Holistic Personal Transformation Coach/Trainer
- ◆ Spiritual Counselor & Trainer
- ◆ Licensed Holistic Therapist and Healing Facilitator
- ◆ Pro Brand Developer, Artist and Marketing/Media Producer

The Quantum Empowerment Alliance™ and Institute
Your empowering business, personal and community hyper-growth specialists.

www.QEAlliance.Org

Open Mon. - Fri. 10am - 6pm PST

Saturday by appointment only.